

Strong, inclusive and resilient communities



Queensland Alliance for Mental Health
Strategic Plan 2016 -2018
Summary





About Us

Queensland Alliance for Mental Health (QAMH) is the peak body representing the mental health sector in Queensland. We support our members, the wider mental health community and individuals with lived mental health experience.

Representing and supporting more than 100 services and groups that meet the needs of people who experience mental health issues. QAMH leads the community mental health sector by supporting members, prioritising needs and building capacity.

We work to promote the values and professionalism of our members by focusing on outcomes, building innovative partnerships; carving a role for community mental health in the healthcare continuum and promoting the meaningful integration of community mental health services into the broader health system. We offer a range of mental health services and resources to support recovery, promote wellbeing and support service providers that meet the needs of people who have lived experience with mental health issues, their friends, family and carers.

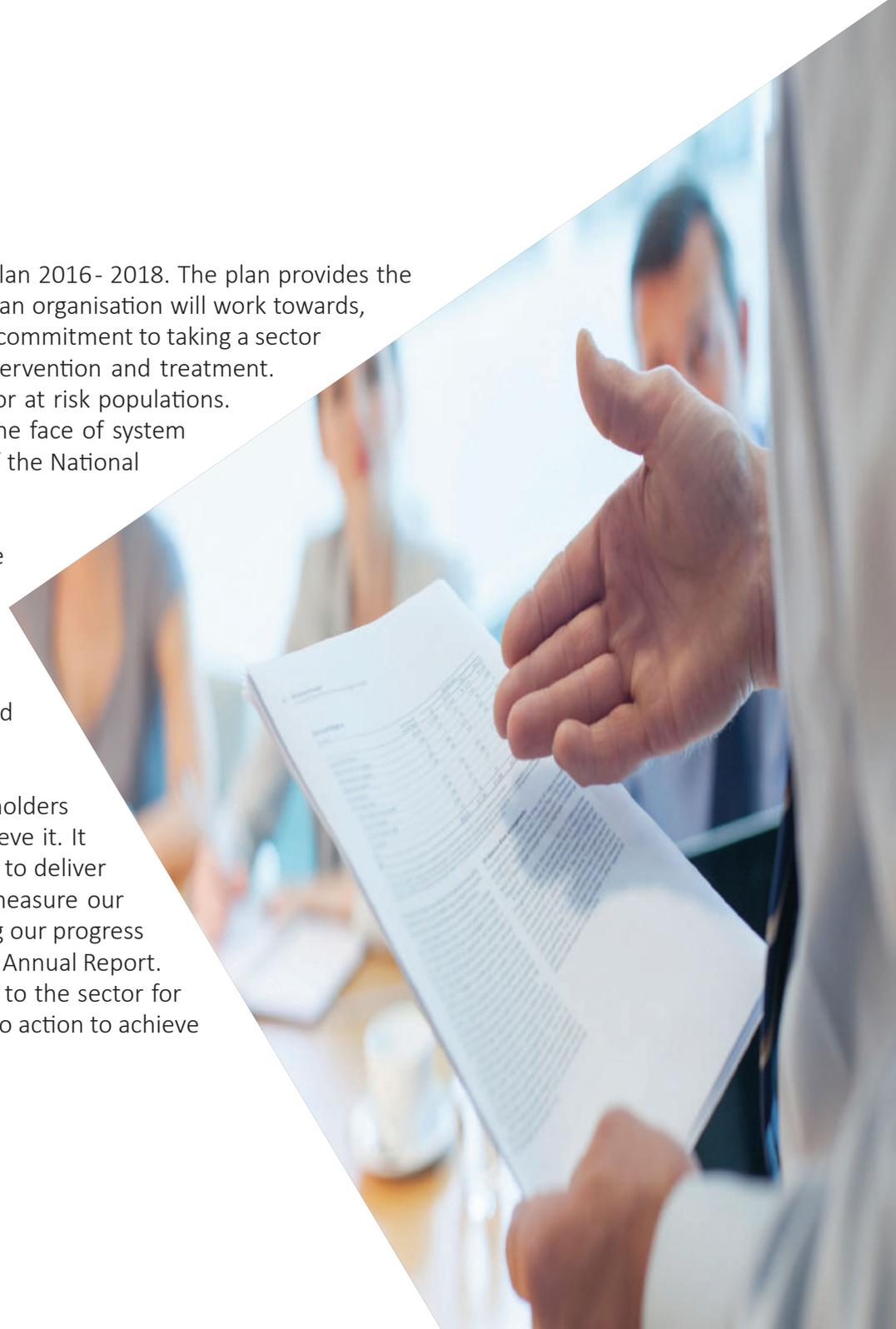
Leadership Statement

We are pleased to present the Queensland Alliance for Mental Health Strategic Plan 2016- 2018. The plan provides the strategic direction for QAMH. The strategic plan outlines the priorities that we as an organisation will work towards, to deliver our vision of **strong, inclusive and resilient communities**. It builds on our commitment to taking a sector approach to advocating for mental health promotion, education, prevention, intervention and treatment. This year our strategic plan incorporates better targeted support and advocacy for at risk populations. QAMH asserts the need for a responsive and adaptive mental health sector in the face of system change. We and the sector as a whole will need to be prepared for the roll out of the National Disability Insurance Scheme (NDIS) and the Mental Health Act 2016.

It is fair to say that the NDIS might be the most significant social reform since the introduction of Medicare in 1975. The introduction of the new Mental Health Act 2016 (The Act) is the biggest mental health reform in 15 years. The Act introduces new measures to improve outcomes for mental health patients. The QAMH Strategic Plan refocuses our effort to ensure that members, stakeholders and the community managed mental health sector have a voice and feel supported through this change and into the future.

The plan has been developed through a process of consultation with staff and stakeholders to ensure it reflects not only what we want to achieve but also how we will achieve it. It frames a common purpose to which we will work toward over the next two years to deliver our goals. It outlines the strategies for achieving these goals and how we will measure our progress. We intend to publish an annual Progress Report each year benchmarking our progress against what we have set out to achieve. Our Progress Report will complement our Annual Report. The Strategic Plan promotes our values and forms the basis of our accountability to the sector for the service we deliver. We look forward to working together as we put this plan into action to achieve our goals.

State Council, QAMH.



Strong, inclusive and resilient communities

Queensland Alliance for Mental Health **Strategic Plan 2016 -2018**



Vision

Strong, inclusive and resilient mental health communities.

Mission

To be the voice of mental health communities, creating connections, providing leadership and supporting better outcomes.

Values

Advocacy
Trust
Relevant & Responsive
Leadership
Diversity

Our Core Business

QAMH's core business or reason for being is to be a key player in building a resilient community mental health sector by supporting, consulting, coordinating, advocating and representing community organisations working in the mental health sector.

We will initiate key services:

Sector Advocacy

Member Services

Community Consultation & Stakeholder Engagement

Sector Capacity-Building & Development

Our Desired Future 2018

The key characteristics and components that will define QAMH by 2018 are:

MEMBERSHIP

Broad membership base of 250+ members including rural, regional and remote community mental health organisations.

COLLABORATIVE PARTNERSHIPS

Robust partnerships with peak bodies & sector stakeholders (e.g. QMHC, HHS & Govt. Departments) that add value to its strategic direction.

SECTOR ADVOCACY & ENGAGEMENT

A strong voice on key priorities. Strong processes in place to facilitate multiple channels of communication & support.

FINACIALLY VIABLE & SUSTAINABLE

Diversified income streams. Reliable income. Secure QLD Health Contract. A sustainable peak body.

WIDELY RECOGNISED

Widely recognised as a leading peak body with a clear value proposition for members & the mental health sector. A strong 'brand' and 'image'.

SECTOR DEVELOPMENT

Be a key player in building sector capacity through relevant training & education programs (e.g. National Disability Insurance Scheme (NDIS) implementation, & leadership training).

EMBRACING TECHNOLOGY

A developed & implemented IT strategy to ensure it remains up to date with current trends & opportunities for sector use (e.g. e-mental health).

GOVERNANCE & LEADERSHIP

Lead by example with an effective legal, governance & organisational framework. This framework will improve decision making & operational activities.

EMPLOYER OF CHOICE

Well resourced, efficient & committed professional staff. QAMH will be recognised for its commitment to retaining a skilled, resilient, healthy workforce.

FUTURE VISION

A clear vision of the future for mental health services with the introduction of the NDIS and new Mental Health Act 2016. The future of QAMH post 2018 will be known.